

# Sports Psychologist

## Army Elite Athlete Performance Centre

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### Role Overview:

TASS and the Army Elite Sports Programme have an exciting opportunity for a qualified and experienced Sports Psychologist to provide support to High Performance Athletes selected onto the TASS:ARMY programme as part of the Army Elite Athlete Performance Centre (AEAPC)

### About this Role:

The TASS:ARMY programme has been supporting Army Dual-Career athletes since 2012, and is entering an exciting time of development. We are looking for a Sports Psychologist to support our current multi-disciplinary team.

This year the TASS:ARMY programme is supporting 50 athletes across 20 different sports, from Shooting to Skydiving and Boxing to Biathlon. This role would suit someone who is enthusiastic and proactive, and able to develop strong working relationships with both athletes and the teams that support them.

Applicants should be confident delivering a high standard of assessment, intervention, and support, and be familiar with working as part of a multidisciplinary team of practitioners, coaches, and support staff to help athletes achieve their dual-career goals.

We are looking to work with someone who is interested in delivering both individual and workshop-based sessions. A familiarity with social media and experience or interest in developing educational content would be advantageous.

The role is likely to be predominantly remote, with the option for face-to-face delivery at the Hampshire and Surrey bases.

**Hours of Work:** 1:1 delivery and educational content production and team meetings: estimated 20-30 hours per month.  
Workshop development and delivery: estimated 3-6 workshops per year.

**Location:** Predominantly remote, ideally with the ability to offer face-to-face delivery in the Aldershot / Bisley areas.

**Length of contract:** 12 months, with expectation of extension in-line with project funding.

**Remuneration:** Dependant on experience, expected £25-£40 per hour + workshop development and delivery rate of £100-£250 per session.

A workload split / job share could be considered for the right applicants.



## Key Responsibilities, Main Tasks and Activities:

1. Provide expertise and support for performance psychology related subjects.
2. Screen, Assess and Develop programmes/interventions to address performance psychology challenges of athletes in the TASS-ARMY programme.
3. Be part of the Athlete Development Programme, producing educational content and workshops for athletes, coaches, support teams and others.
4. Write and maintain accurate patient case notes records in line with local policy.
5. Educate athletes on how to develop psychological tools to aid individual performance, improve team skills, and improve general health and wellbeing.
6. Establish strong working relationships with other members of the AEAPC multidisciplinary team.
7. Work with the multidisciplinary team to exchange information and input into the development of the TASS:ARMY programme, encouraging a holistic approach to athlete development.
8. Adhere to local policies and procedures.
9. Be responsible and accountable in your delivery, complying with relevant regulations.

## Essential Criteria:

1. Completed The British Psychological Society Qualification in Sport and Exercise Psychology (QSEP) (Stage 2).  
**or** be undertaking this qualification and be under the supervision of a qualified supervisor.  
**or** be registered as a Sport and Exercise Psychologist by the HCPC
2. Experience **or** interest in working with Army Personnel
3. Have **or** be willing to undertake Safeguarding Adults in Sport Qualification

## Desirable Criteria:

1. Experience working with multi-sports.
2. Experience or interest in Shooting disciplines.
3. Experience or interest in Fighting disciplines.
4. UKAD advisor / introduction to clean sport.
5. Mental health first aid training.
6. Physical first aid training including Basic Life Support.
7. Be an Accredited PCDE (Psychological Characteristics of Developing Excellence Practitioner).

*This job description is not to be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity and will be amended in the light of the changing needs of the organisation.*

## How to apply:

Please send a CV and a brief cover letter outlining why you feel you are a good fit to join the TASS:ARMY Programme multi-disciplinary team to [opportunities@tass.gov.uk](mailto:opportunities@tass.gov.uk) by the end of **27 October 2022**.

If you would like additional information about the role and the TASS:ARMY programme please contact Rachel Bustin on [rachel.bustin@tass.gov.uk](mailto:rachel.bustin@tass.gov.uk).

