

Sports Nutritionist / Dietitian

Army Elite Athlete Performance Centre

Role Overview:

TASS and the Army Elite Sports Programme have an exciting opportunity for a qualified and experienced Sport Nutritionist or Dietitian to provide support to High Performance Athletes selected onto the TASS:ARMY programme as part of the Army Elite Athlete Performance Centre (AEAPC).

About this Role:

The TASS:ARMY programme has been supporting Army Dual-Career athletes since 2012, and is entering an exciting time of development. We are looking for a Sports Nutritionist to support our current multi-disciplinary team.

This Year the TASS:ARMY programme is supporting 50 athletes across 20 different sports, from Shooting to Skydiving and Boxing to Biathlon, and so this role would suit someone who enthusiastic and proactive, and able to develop strong working relationships with both athletes and the teams that support them.

Applicants should be confident delivering a high standard of assessment, intervention, and support, and be familiar with working as part a multidisciplinary team of practitioners, coaches, and support staff to help athletes achieve their dual-career goals.

We are looking to work with someone who is interested in delivering both individual and workshop-based sessions. A familiarity with social media and experience or interest in developing educational content would be advantageous.

The role is likely to be predominantly remote, with the option for face-to-face delivery at the Hampshire and Surrey bases.

Hours of Work: 1:1 delivery and educational content production and team meetings: estimated 15-25 hours per month.
Workshop development and delivery: estimated 3-6 workshops per year.

Location: Predominantly remote, ideally with the ability to offer face-to-face delivery in the Aldershot / Bisley areas.

Length of contract: 12 months, with expectation of extension in-line with project funding.

Remuneration: Dependant on experience, expected £25-£40 per hour + workshop development and delivery rate of £100-£250 per session.

A workload split / job share could be considered for the right applicants.



Key Responsibilities, Main Tasks and Activities:

1. Provide expertise and support for performance nutrition related subjects.
2. Screen, Assess and Develop programmes/interventions to address performance nutrition challenges of athletes in the TASS-ARMY programme.
3. Be part of the Athlete Development Programme, producing educational content and workshops for athletes, coaches, support teams and others.
4. Write and maintain accurate patient case notes records in line with local policy.
5. Educate athletes on how appropriate nutrition can aid individual performance and improve general health and wellbeing.
6. Work with athletes to establish nutrition plans for day-to-day, training and competition needs, considering the nuances of the army lifestyle.
7. Establish strong working relationships with other members of the AEAPC multidisciplinary team.
8. Work with the multidisciplinary team to exchange information and input into the development of the TASS:ARMY programme, encouraging a holistic approach to athlete development.
9. Adhere to local policies and procedures.
10. Be responsible and accountable in your delivery, complying with relevant regulations.

Essential Criteria:

1. SENr (Sport and Exercise Nutrition Register) Practitioner registrant or Academic registrant.
or
A BDA (British Dietetic Association) Associate or Full Member registered with HCPC, or BASES accreditation.
2. Experience **or** interest in working with Army Personnel
3. Have **or** be willing to undertake Safeguarding Adults in Sport Qualification

Desirable Criteria:

1. Experience working with multi-sports.
2. Experience or interest in Shooting disciplines.
3. Experience or interest in Fighting disciplines.
4. UKAD advisor / introduction to clean sport.
5. Mental health first aid training.
6. Physical first aid training including Basic Life Support.

This job description is not to be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity and will be amended in the light of the changing needs of the organisation.

How to apply:

Please send a CV and a brief cover letter outlining why you feel you are a good fit to join the TASS:ARMY Programme multi-disciplinary team to opportunities@tass.gov.uk by the end of **27 October 2022**.

If you would like additional information about the role and the TASS:ARMY programme please contact Rachel Bustin on rachel.bustin@tass.gov.uk.

